

FIREARM SAFETY & SUICIDE PREVENTION



DEFENSE
SUICIDE
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OFFICE
www.DSP0.mil

During a suicide crisis, every second gives an opportunity to step back. Safely storing firearms with a locking mechanism can allow you or your loved ones time to reconsider and seek help.

See a sales associate today for help selecting the safe storage option that is right for you.



Did you know?

Putting time and distance between a person who is suicidal and a firearm may save a life for three reasons:

- 1** A suicidal crisis is often brief.
- 2** Suicide can be impulsive. The time a person goes from thinking about suicide to acting on it can be less than 10 minutes.
- 3** Unsafe storage of firearms can increase risk of death by suicide up to four to six times, for all members in your household.

**Protect yourself and your family and friends.
Stop, Lock, and Live.**

SAFE STORAGE OPTIONS:



Cable and trigger lock: Prevents a firearm from being loaded and fired.



Gun case: Provides a safe storage solution that secures, conceals, protects, and legally transports a firearm.



Lock box: Provides reliable safety for a firearm.



Full-size safe: Allows you to store multiple firearms in one place.



Safe Ammunition Storage: Allows you to safely store firearms and ammunition separately.

During times of increased distress, you may also consider temporary out-of-home storage.

► **If you, or someone you know may be at risk of suicide, the following resources may help.**

For non-crisis help, like for relationship or financial challenges, Call Military OneSource.

**MILITARY
ONE
SOURCE**
Call. 800-342-9647
Click. www.MilitaryOneSource.mil
Connect. 24/7

Service members, veterans, and their family members can call the Veterans/Military Crisis Line, available 24/7, if they are experiencing a suicidal crisis.



Call from overseas:

- *NORTHCOM: Dial 988 then Press 1
- *PACOM: Call +1 844-702-5493 (off base) or DSN 988 (on base)
- *EUCOM: Call +1 844-702-5495 (off base) or DSN 988 (on base)
- *CENTCOM: Call +1 855-422-7719 (off base) or DSN 988 (on base)
- *AFRICOM: Call +1 888-482-6054 (off base) or DSN 988 (on base)
- *SOUTHCOM: Call +1 866-989-9599 (off base) or DSN 988 (on base)



The National Suicide Prevention Lifeline provides free and confidential emotional support to people in suicidal crisis or emotional distress 24/7. Call 800-273-TALK (8255)

Local Resources:

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